



By Stephanie Harakal

When we pray “Hail Holy Queen...” as we complete a Rosary, we say “Pray for us, O Holy Mother of God that we may be made worthy of the promises of Christ.” The next prayer we say includes the words “... that meditating on these mysteries of the most Holy Rosary of the Blessed Virgin Mary, we may both imitate what they contain and obtain what they promise, through Christ our Lord. Amen.” But do we know what the promises of Christ are, and do we think of them as we pray the Rosary?

I HAVE SEEN VARIOUS PROMISES OR “FRUITS” OF THE MYSTERIES OF THE ROSARY DEPENDING ON WHAT I AM READING. THIS FIRST LIST COMES FROM PATRICE FAGNANT-MACARTHUR, SENIOR EDITOR WITH CATHOLIC_LANE.COM, AND BLOGGER AT [HTTP://SPIRITUALWOMANTHOUGHTS.BLOGSPOT.COM](http://SPIRITUALWOMANTHOUGHTS.BLOGSPOT.COM):

For the Joyful Mysteries – Humility (The Annunciation), Love of Neighbor (The Visitation), Poverty of Spirit, Detachment from the Things of the World (The Nativity of the Lord), Obedience (Presentation), and Piety (Finding of the Child Jesus in the Temple).

For the Luminous Mysteries – Openness to the Holy Spirit (The Baptism of Jesus), To Jesus through Mary (The Miracle at Cana), Repentance, Trust in God (Proclamation of the Kingdom of God), Desire for Holiness (Transfiguration), and Eucharistic Adoration, Active Participation at Mass (Institution of the Eucharist)

For the Sorrowful Mysteries – Contrition, Conformity to the Will of God (Agony in the Garden), Purity, Mortification (Scourging at the Pillar), Moral Courage (Crowning with Thorns), Patience (Carrying of the Cross), and Salvation, Self-Denial (Crucifixion).

For the Glorious Mysteries – Faith (The Resurrection), Hope, Desire for Heaven (The Ascension), Wisdom, Love of God (The Descent of the Holy Spirit), Devotion to Mary (The Assumption of Mary), and Eternal Happiness (The Coronation of the Blessed Virgin Mary).

THIS NEXT LIST COMES FROM *REDISCOVER THE ROSARY* BY MATTHEW KELLY:

For the Joyful Mysteries – The desire to do God’s will (The Annunciation), Humble Service to Others (The Visitation), Gratitude for life (The Birth of Jesus), Learning to listen deeply (The Presentation), and Wisdom (Finding the Child Jesus in the Temple).

For the Luminous Mysteries – Healing of Body, Mind, and Soul (The Baptism of Jesus in the River Jordan), Generous Hospitality (The Wedding Feast at Cana), Desire for Holiness (The Proclamation of the Kingdom of God), Trust in God (The Transfiguration of Jesus), and Belief in the True Presence of Jesus in the Eucharist (The Institution of the Eucharist)

For the Sorrowful Mysteries – Sorrow for Sin (The Agony in the Garden), Compassion (The Scourging at the Pillar), Patience (The Crowning with Thorns), Courage to Face Injustice (The Carrying of the Cross), and Redemption (The Crucifixion and Death of our Lord).

For the Glorious Mysteries – Faith (The Resurrection), Desire for Heaven (The Ascension), Friendship with the Holy Spirit (Pentecost), Aging and Dying Gracefully (The Assumption), and True Devotion to Mary (The Crowning of Mary Queen of Heaven).

You will see that some of the mysteries have slightly different names and the gifts of particular decades of the Rosary are sometimes different, but I hope your main takeaway of these lists is that God loves us and is extremely generous to us. His gifts also help us live life as Catholic Christians. And although the Rosary is a Marian prayer, it details various episodes in the life of Jesus, so it is actually very centered on Jesus. So, I encourage you to make praying the Rosary a daily habit. It does get easier as you continue day by day, especially if you ask Mary to help you find the time to pray this special prayer.

IN ADDITION TO THE PROMISES ABOVE, MARY HAS GIVEN A LIST OF 15 PROMISES TO CHRISTIANS WHO RECITE THE ROSARY DAILY.

1. Whoever shall faithfully serve me by the recitation of the Rosary, shall receive powerful graces.
2. I promise my special protection and the greatest graces to all those who shall recite the Rosary.
3. The Rosary shall be a powerful armor against hell, it will destroy vice, decrease sin, and defeat heresies.
4. It will cause virtue and good works to flourish; it will obtain for souls the abundant mercy of God; it will withdraw the hearts of people from the love of the world and its vanities, and will lift them to the desire of eternal things. Oh, that souls would sanctify themselves by this means.

5. The soul which recommends itself to me by the recitation of the Rosary, shall not perish.
6. Whoever shall recite the Rosary devoutly, applying himself to the consideration of its Sacred Mysteries shall never be conquered by misfortune. God will not chastise him in His justice, he shall not perish by an unprovided death; if he be just, he shall remain in the grace of God, and become worthy of eternal life.
7. Whoever shall have a true devotion for the Rosary shall not die without the Sacraments of the Church.
8. Those who are faithful to recite the Rosary shall have during their life and at their death the light of God and the plenitude of His graces; at the moment of death they shall participate in the merits of the Saints in Paradise.
9. I shall deliver from purgatory those who have been devoted to the Rosary.
10. The faithful children of the Rosary shall merit a high degree of glory in Heaven.
11. You shall obtain all you ask of me by the recitation of the Rosary.
12. All those who propagate the Holy Rosary shall be aided by me in their necessities.
13. I have obtained from my Divine Son that all the advocates of the Rosary shall have for intercessors the entire celestial court during their life and at the hour of death.
14. All who recite the Rosary are my children, and brothers and sisters of my only Son, Jesus Christ.
15. Devotion of my Rosary is a great sign of predestination.



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